



THE COFFEE PRESS

Weekly Newsletter of the Rotary Club of Kona Sunrise

This week: Kealakehe High School Update

This week we will hear from Will Murakami, Principal of Kealakehe High School. He will update us on what is happening at the High School this year.

Joining him will be Linda Jeffery, Parent Center Coordinator.

Welcome Will and Linda!



Greeter:

Enock

Door Prize:

Michele

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The Rotary Club of Kona Sunrise meets every Wednesday at 6:45 am at Humpy's Restaurant (upstairs above the ABC Store), 75-5815 Alii Drive, Kailua Kona HI. For additional information contact Club President Mike Fraser at 989-0360.

January President's Message

Happy New Year!

Did you make a New Year's Resolution?

According to the Latin Times, the ten most popular resolutions for 2015 are:

1. Lose Weight and go to the gym
2. Quit Smoking/Drinking
3. Go Green
4. Learn a New Language
5. Accomplish Your Goals
6. Save Money/Improve your finances
7. Floss
8. Travel
9. Volunteer to help others
10. Get more sleep

While these are all very worthwhile resolutions, unfortunately most will either be broken or not achieved. So instead, I have set a New Year's Resolution that is achievable and

won't be broken. My resolution is...TO NOT MAKE ONE!! LOL.

All kidding aside, I have set a few goals for the rest of my Rotary year:

1. To encourage more of our members to attend our meetings. Our low attendance is a big concern for me, as well as a financial cost to the club (we have a guaranteed minimum number at Humpy's);
2. To continue doing projects in our community that make a huge difference in the lives of others;
3. To complete my year as President without being impeached;
4. TO KEEP CLIFF HAPPY!!

Yours in Lighting up Rotary,

Mike

ROTARY CODE OF CONDUCT

As a Rotarian, I will:

1. Act with integrity and high ethical standards in my personal and professional life;
2. Deal fairly with others and treat them and their occupations with respect;
3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world;
4. Avoid behavior that reflects adversely on Rotary or other Rotarians;
5. Not seek special business or professional advantages from other Rotarians.

What the heck is RYLA?

Although many of our club members are familiar with the acronym, some of you may not be familiar with RYLA and it's value to the young people in our community.

Rotary Youth Leadership Awards (RYLA) is a leadership development program run by Rotary. While participants can be any age, most events focus on secondary school students, university students, or young professionals. RYLA events are typically 3–10 days long and include presentations, activities, and workshops that cover a variety of topics, including:

- Leadership fundamentals and ethics
- Communication skills
- Problem solving and conflict management
- Community and global citizenship

RYLA emphasizes leadership, citizenship, and personal growth, and aims to:

- Demonstrate Rotary's respect and concern for youth.
- Provide an effective training experience for selected youth and potential leaders.
- Encourage leadership of youth by youth.
- Recognize publicly young people who are rendering service to their communities.

On Hawai'i island, the responsibility for the organization of the camp is rotated between the clubs on the Island, with each club expected to participate in some way. Youth Services Chair Ann Goody is recommending that we sponsor two students to attend the camp, which will be taking place the weekend of February 27 to March 1 at the Kilauea Military Camp in Volcanoes National Park.

What we need is for one or two Rotarians to attend the camp, and to provide transportation to and from Volcano for the two students. This is a great opportunity to learn more about RYLA and the impact that the camp can have on the teenagers who attend.

If you are interested in learning more about the camp, and perhaps participating in the weekend, please contact Ann Goody.



Where Big Island Clubs Meet

- Rotary Club of Kona**, Every Thursday at noon, King Kamehameha Kona Beach Hotel
- Rotary Club of Kona Mauka**, Every Tuesday at noon, Teshima's Restaurant, Honalo
- Rotary Club of North Hawaii**, Every Wednesday at noon, Anna's Ranch, Waimea
- Rotary Club of Hilo**, Every Friday at noon, Hilo Hawaiian Hotel
- Rotary Club of Hilo Bay**, Every Wednesday at 6:45 am, Hilo Yacht Club
- Rotary Club of South Hilo**, Every Tuesday at noon, Hilo Hawaiian Hotel
- Rotary Club of Volcano**, Every Saturday 8:00 am, Volcano House, Volcano National Park
- Rotary Club of Pahoa Sunset**, Every Tuesday at 5:30, Luquin's Restaurant



Paul Harris
Founder of Rotary



Gary Huang
RI President
2014 - 2015



Laura Steelquist
District 5000
Governor



Donna Hiranaka
West Hawai'i
Assistant Governor



Mike Fraser
Club President
2014 - 2015

January 2015 - Rotary Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 Kealakehe High School Principle	8	9	10
11	12	13 Board Meeting	14	15	16	17
18	19	20	21	22	23 	24
25	26	27	28 	29	30	31 

February 2015 - World Understanding Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10 Board Meeting	11	12	13	14
15	16	17	18	19	20 	21
22	23	24	25	26	27 RYLA →	28